

KONERU LAKSHMAIAH EDUCATION FOUNDATION (Deemed to be University)

Aziz Nagar, Hyderabad, Telangana — 500075

DEPARTMENT OF PHYSICAL EDUCATION

Report On 10th International Day of Yoga 2024

 $10^{
m th}$ International Yoga Day Celebrated at KL University, Off-Campus, Hyderabad.

10th International Yoga Day celebrated with a theme "Yoga for self and society" on 21st June 2024 with great enthusiasm. Students, staff, and faculty members actively participated in the event and performed different yoga asanas at the event. Dr Ramakrishna, Principal, KLH greeted the KLH fraternity on this occasion with He emphasised on the importance of yoga in physical, mental, and spiritual well-being of humanity. Mr. Seshu sanyasi Naidu conducted an hour-long session on Yoga asanas and emphasised the spirt of yoga in overall well-being of people. The event concluded with vote of thanks and felicitation of Mr. Seshu sanyasi Naidu

Total 40 Faculty Participated in the event held at Institutional level in month of 21st June 2024. Various Asanas conducted such as Bhujangasana, Vajrasna, Savasana, Trikonasana, Surya namaskar etc. Assisted by the Physical Education Department and made it Successfully.

THEME OF INTERNATIONAL YOGA DAY 2024 IS "YOGA FOR SELF AND SOCIETY"

CIRCULAR



CAMPUS: RVS NAGAR, AZIZ NAGAR (PO) MOINABAD ROAD, HYDERABAD R.R. DIST. — 500 075

Ref: KLEF/PO/WDC/2023-24/15

Date: 20th June 2024

Orders of Principal, Engg. dt. 20th June 2024 CIRCULAR

This is to inform all the HoD's, Staff & Students that "WOMEN FORUM & PHYSICAL EDUCATION Dept", KLH Aziz Nagar Campus is organizing a session on "Meditation and Creativity: Unlocking your Inner Artist" by Mr. Seshu Sanyasi Naidu K, Heartfulness Mediation Trainer on the occasion of International Yoga Day. All staff & students are cordially invited to the session.

Timings: 9 am to 10 am Date: 21st June 2024

Azinegar Hyderabad-500 075.

Principal College of Engineering.

Dr. A. Rama Krishna PRINCIPAL Koneru Lakshmaiah Education Foundation (Deemed to be University) off Campus Aziz Nagar, Hyderabad, Telangana-500075

To:

Hard copy & mail to: HODs, Deputy HoD's. All Students/ CSE / ECE / MECH / H & S / BES/ FED Mail to: All Associate Deans / All HOD's/ All Committee Members/Examination Dept / AO.

Cc:

All Teaching & Non Teaching, Notice Board

POSTER





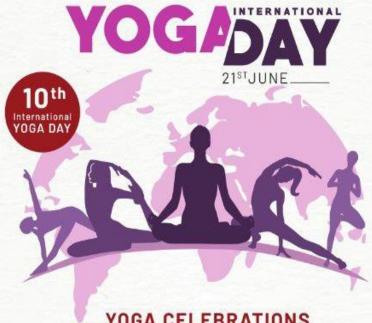








YOGA FOR WOMEN EMPOWERMENT

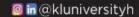


YOGA CELEBRATIONS

Organised by Department of physical education

21st June/8:30AM to 9:30AM @KLH Aziznagar Campus

Registration: https://forms.gle/poStDS9VtXKuka3RA



@kluniversityHyd

@kluniversityH

⊕ www.klh.edu.in















<u>List of Faculty Participated in International Yoga Day 2024:</u>

S. NO	NAME OF THE EMPLOYEE	DESIGNATION	DEPARTMENT	
1	DR. GOUTHAM MAKKENA	ASSOCIATE PROFESSOR	ECE	
2	DR. ARPITA GUPTA	ASSOCIATE PROFESSOR	CSE	
3	DR. P MALLESH MARDANPALLY PEDDA	ASSOCIATE PROFESSOR	CSE	
4	DR. JOSHITHA C	ASSOCIATE PROFESSOR	ECE	
5	DR. RAVI BODA	ASSOCIATE PROFESSOR	ECE	
6	DR. LAKSHMANA SWAMI BANDE	PROFESSOR	CSE	
7	DR. AVINASH VAIDYA	ASSOCIATE PROFESSOR	ECE	
8	DR. KUMAR KALYAN PALAPARTHI	ASSOC PROF	FIRST YEAR/OTHER	
9	DR PAIDI GANAGA MOHAN	ASST PROF	AI-DS	
10	N. SWETHA KUMARI	ASST PD	PHYSICAL EDUCATION DEPART	
11	DR.UMA MAHESH	ASST PD	PHYSICAL EDUCATION DEPART	
12	GUMMA MAHENDRA	ASST PD	PHYSICAL EDUCATION DEPART	
13	RAJESH	ASST PD	PHYSICAL EDUCATION DEPART	
14	NARASIMHA NAIK	ASST PD	PHYSICAL EDUCATION DEPART	
15	MS. SUBHRANGINEE DAS	ASST PROFESSOR	CSE	
16	MR. SRINIVAS GURRALA	ASST PROFESSOR	CSE	
17	DR. RAO VIJAY KUMBHARE	ASST PROFESSOR	ECE	
18	DR.B. SIVARAM	ASSO.PROFESER	H&S	
19	MR. KAVULURI JAGAN MOHAN RAO	ASST PROFESSOR	H&S	
20	K. NARSIMHA	LAB ASST	ECE	
21	ANNALAKSHMI	ASST.PROF	CSE	
22	MANU	LAB ASST	ECE	
23	NAGARAJU	ASST.LIBRARY	H&S	
24	SIVA LOVA LAKSHMI	LAB ASST	CSE	
25	SANDEEP SAMALETI	OFFC ASST	ECE	
26	DR. LAKSHMAIH	ASST PROF	BCA	
27	DR. AK VARMA	ASSOCIATE PROF	ECE	

28	NARASIMHA NAIK	LAB ASST	ECE	
29	DR. MOHAN VARKOLU	ASSOC PROF	FIRST YEAR/ OTHER	
30	DR. FIGLU MOHANTY	ASSOC PROF	CSE	
31	RADHIKA	ACCOUNTENT	ADMIN	
32	MS. NIDHI SRIVASTAVA	ASSOC PROF	CSE	
33	MD.RAFIEQ	VIGILENCE OFFICER	G.M	
34	ARUN	VIGILENCE OFFICER	SECURITY INCHARGE	
35	ROJA	COUNCILER	ADMIN	
36	MOHITH MISHRA	NCC	СТО	
37	DR. MOON BANERJEE	ASSOC PROF	CSE	
38	DR. NILANJANA DEBNATH	ASSOC PROF	FIRST YEAR/ OTHER	
39	GURRAM SRINIVAS	LAB ASST	ECE	
40	NAGAVENI	COUNCILER	ADMIN	

NOTE: 30 NCC STUDENTS PARTICIPATED IN INTERNATIONAL YOGA DAY.

****THANKYOU****